

The History of Adam's Family

5 This is the history of Adam's^[a] family. When God created people, he made them like himself.^[b] ²He created them male and female. And on the same day he made them, he blessed them and called them "humans."^[c]

³After Adam was 130 years old, he had another son. This son looked just like Adam.^[d] Adam named his son Seth. ⁴After Seth was born, Adam lived 800 years and had other sons and daughters. ⁵So Adam lived a total of 930 years; then he died.

⁶After Seth was 105 years old, he had a son named Enosh. ⁷After Enosh was born, Seth lived 807 years and had other sons and daughters. ⁸So Seth lived a total of 912 years; then he died.

⁹After Enosh was 90 years old, he had a son named Kenan. ¹⁰After Kenan was born, Enosh lived 815 years and had other sons and daughters. ¹¹So Enosh lived a total of 905 years; then he died.

¹²After Kenan was 70 years old, he had a son named Mahalalel. ¹³After Mahalalel was born, Kenan lived 840 years and had other sons and daughters. ¹⁴So Kenan lived a total of 910 years; then he died.

¹⁵When Mahalalel was 65 years old, he had a son named Jared. ¹⁶After Jared was born, Mahalalel lived 830 years and had other sons and daughters. ¹⁷So Mahalalel lived a total of 895 years; then he died.

¹⁸After Jared was 162 years old, he had a son named Enoch. ¹⁹After Enoch was born, Jared lived 800 years and had other sons and daughters. ²⁰So Jared lived a total of 962 years; then he died.

²¹After Enoch was 65 years old, he had a son named Methuselah. ²²After Methuselah was born, Enoch walked with God for 300 years and had other sons and daughters. ²³So Enoch lived a total of 365 years. ²⁴One day Enoch was walking with God, and he disappeared. God took him.^[e]

²⁵After Methuselah was 187 years old, he had a son named Lamech. ²⁶After Lamech was born, Methuselah lived 782 years and had other sons and daughters. ²⁷So Methuselah lived a total of 969 years; then he died.

²⁸When Lamech was 182 years old, he had a son. ²⁹Lamech named his son Noah. ³⁰Lamech said, "We work very hard as farmers because God cursed the ground. But Noah will bring us rest."

³⁰After Noah was born, Lamech lived 595 years and had other sons and daughters. ³¹So Lamech lived a total of 777 years; then he died.

³²After Noah was 500 years old, he had sons named Shem, Ham, and Japheth.

Footnotes:

- a. [Genesis 5:1](#) *Adam* This name means "man" or "people." It is like the word meaning "earth" or "red clay."
- b. [Genesis 5:1](#) *When God ... like himself* Literally, "He made him in the image of God." See Gen. 1:27; 5:3.
- c. [Genesis 5:2](#) *humans* The Hebrew word means "Adam," "man," or "people."
- d. [Genesis 5:3](#) *he had ... like Adam* Or "he fathered a son in his image and likeness." In Hebrew this is like Gen. 1:27; 5:1.
- e. [Genesis 5:24](#) Or "Enoch pleased God. Enoch disappeared. God took him."
- f. [Genesis 5:29](#) *Noah* This name is like the Hebrew word meaning "to rest," "to be sorry," or "comfort."

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