

A person is walking away from the viewer on a sandy beach towards the ocean. The sun is low on the horizon, creating a warm, orange glow across the sky and reflecting on the water. The person's footprints are visible in the sand, leading from the foreground towards the water's edge. The overall scene is peaceful and contemplative.

**Walk in the Spirit,
and you shall not fulfill the lust of the flesh.**

Galatians 5:16 (New King James Version)

A photograph of a person walking away from the viewer on a beach at sunset. The sun is low on the horizon, casting a golden glow over the ocean and sky. The person's footprints are visible in the sand, leading from the foreground towards the water. The overall mood is contemplative and serene.

Defeating the Flesh Galatians 5:16



Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the devil. For we do not wrestle against flesh and blood, but against the powers, against the rulers of the darkness of this world, against evil spirits, in heavenly places. Therefore take up the whole armor, that you may be able to withstand on the evil day, and having done all, to stand. Stand therefore, having put on the breastplate of righteousness, the shield of faith, the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all watchfulness, and being alert in every way, for all the saints. Ephesians 6:10-18

Multidimensional War



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Three Battlefields



The Multidimensional Sin Battles

And you *He made alive*, who were dead in trespasses and sins, in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit who now works in the sons of disobedience, among whom also we all once conducted ourselves in the lusts of our flesh, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.

Ephesians 2:1-3

**The Pull of Sin is
Supernatural
From Around**

**The Pull of Sin is
Social
From Without**

The World

Evil Supernaturalism



Three Battlefields

**The Pull of Sin is
Personal
From Within**

The Flesh

Three Foes

The World
The Flesh
The Devil



Multidimensional War

Three Battlefields



Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the devil. For we do not wrestle against flesh and blood, but against the powers, against the rulers of the darkness of this age, against evil spirits, in heavenly places. Therefore take up the whole armor of God, that you may be able to stand on the evil day, and having done all, to stand. Stand firm, having put on the breastplate of righteousness, the shield of faith, the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all watchfulness and supplication in the Spirit, being watchful to every occasion, and being perfect in love. Ephesians 6:10-18

The Battlefields of:

The Flesh

Attacks From The Flesh

The Greek Word - *Sarx*

Flesh – Covering of bodies




All flesh is not the same flesh, but there is one kind of flesh of men, another flesh of animals, another of fish, and another of birds.

1 Corinthians 15:39



The Flesh



Am I self-centered
or is it just me?

*The urge to
self-centeredness within us.*

Ray Stedman

The Flesh



*The tendency within each person
to operate independently of God
and center his interest on himself.*

Neil Anderson

Works of the Flesh

(Galatians 5:19-21)

Sexual	Spiritual	Relational	Physical
Adultery Immorality Impurity Sensuality	Idolatry Witchcraft - Occult	Hatred - Anger Discord - Factions Jealousy - Envy Selfish Ambition	Drunkenness High on Drugs Activities brought on in state of intoxication

Those who practice such things will not inherit the Kingdom of God

The Battlefields of the Flesh

The Flesh – Sexual Sins (Outside Marriage)



**Targeted to bring about:
The destruction of Marriage and Family**

The Flesh – Religious Sins



Targeted to bring about:

The destruction vital relationship with God the Father

The Flesh – Relational



Targeted to bring about:
The destruction Unity in the Family of God

The Flesh – Physical Sins



**Targeted to bring about:
The destruction of our physical body**

Works of the Flesh

(Galatians 5:19-21)

Sexual	Spiritual	Relational	Physical
Adultery Immorality Impurity Sensuality	Idolatry Witchcraft - Occult	Hatred - Anger Discord - Factions Jealousy - Envy Selfish Ambition	Drunkenness High on Drugs Activities brought on in state of intoxication
Hurts Marriage and Family	Breaks communication with Heavenly Father	Damages brotherly love	Damages one's own body and often other's things

Those who practice such things will not inherit the Kingdom of God

The Battlefields of the Flesh

The Flesh

Often it feels necessary - "I cannot help myself."

Or it is a great sensual pleasure - "I cannot deny myself."



But it leads to slavery.

Overcoming the Flesh

Overcoming The Flesh

*But you are **not in the flesh** but in the Spirit,
if indeed the Spirit of God dwells in you.
Now if anyone does not have the Spirit of Christ,
he is not His.
Romans 8:9.*

Overcoming The Flesh



Overcoming The Flesh (Step 1)

The Walk of Death to the Flesh

Galatians 5:24

And those *who are* Christ's
have crucified the flesh with its passions and desires.

Overcoming The Flesh (Step 1)

The Walk of Death to the Flesh

Romans 6:11-14

Likewise you also, **reckon yourselves to be dead indeed to sin, but alive to God in Christ Jesus our Lord.** Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. And do not present your members *as* instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members *as* instruments of righteousness to God. For sin shall not have dominion over you, for you are not under law but under grace.

Overcoming The Flesh (Step 1)

The Walk of Death to the Flesh

Romans 6:11-14

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Overcoming The Flesh (Step 1)

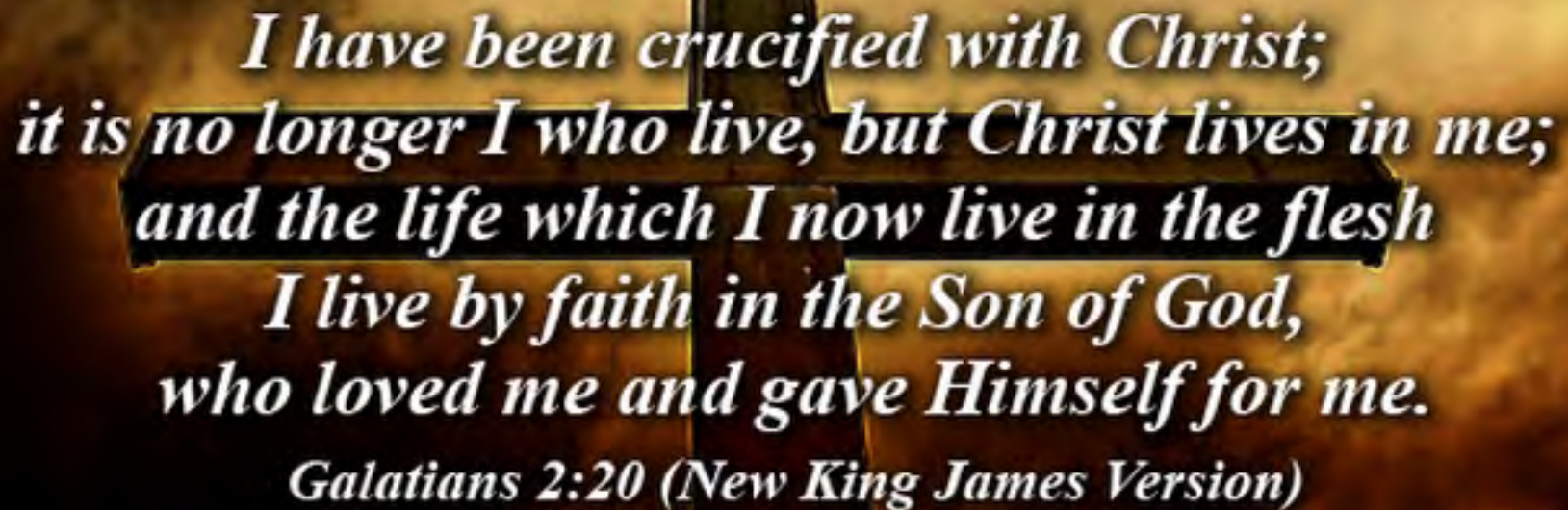
The Walk of Death to the Flesh

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Overcoming The Flesh

The Walk of Death to the Flesh



*I have been crucified with Christ;
it is no longer I who live, but Christ lives in me;
and the life which I now live in the flesh
I live by faith in the Son of God,
who loved me and gave Himself for me.
Galatians 2:20 (New King James Version)*

Overcoming The Flesh

The Walk of Death to the Flesh

Therefore, if anyone is in Christ,
he is a new creation;
old things have passed away;
behold, all things have become new.

2 Corinthians 5:17 (New King James Version)



New Life – My Story – A Walk of Death

FOOD
ALLERGIES

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New Life – My Story – A Walk of Death

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New Life – My Story – A Walk of Death

FOOD **ALLERGIES**

Breakfast & Lunch



Grape Nuts With Milk



Sandwich

New Life – My Story – A Walk of Death

FOOD **ALLERGIES**

Change in Breakfast & Lunch



New Life – My Story – A Walk of Death

Poor Guy

No Fun



New Life – My Story – A Walk of Death



Are You Kidding Me?



New Life – My Story – A Walk of Death



Are You Kidding Me?

**Feeling Better
All The Time**



New Life – My Story – A Walk of Death

I Have Died to these



Overcoming The Flesh

The Walk of Death to the Flesh

Therefore, if anyone is in Christ,
he is a new creation;
old things have passed away;
behold, all things have become new.

2 Corinthians 5:17 (New King James Version)



Overcoming The Flesh (Step 2)

Do not make provision for the flesh

Galatians 5:13

For you, brethren, have been called to liberty;
only **do not *use* liberty as an opportunity for the flesh**

Overcoming The Flesh (Step 2)

Do not make provision for the flesh

Romans 3:13-14

*Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and **make no provision for the flesh, to fulfill its lusts.***

New Life – My Story – Make No Provision

I choose not to have these



New Life – My Story – Make No Provision

I take caution when I eat out



Overcoming The Flesh (Step 2)

Do not make provision for the flesh

2 Timothy 2:22

Flee also youthful lusts;

but pursue righteousness, faith, love, peace
with those who call on the Lord out of a pure heart.

Overcoming The Flesh



Do not make provision for the flesh

The Walk of Death to the Flesh

Overcoming The Flesh (Step 3)

The Walk in the Spirit of God

Galatians 5:16-18

Walk in the Spirit, and you shall not fulfill the lust of the flesh.

For the flesh lusts against the Spirit, and the Spirit against the flesh;
and these are contrary to one another,
so that you do not do the things that you wish.



Overcoming The Flesh (Step 3)

The Walk in the Spirit of God

Galatians 5:16-18

Walk in the Spirit, and you shall not fulfill the lust of the flesh. For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. **But if you are led by the Spirit, you are not under the law.**

Overcoming The Flesh (Step 3)

The Walk in the Spirit of God

Galatians 5:24-25

And those *who are* Christ's have crucified the flesh
with its passions and desires.

If we live in the Spirit, let us also walk in the Spirit.

Overcoming The Flesh (Step 3)

The Walk in the Spirit of God

Galatians 5:16-18

Walk in the Spirit - Galatians 5:16

Led by the Spirit - Galatians 5:18

Live by the Spirit – Galatians 5:25

Walk in the Spirit – Galatians 5:25

New Life – My Story – Led



New Life – My Story – Led



Temptation?

NO!

New Life – My Story – Led



Why?

Dead to those things – they only make me feel terrible

I have chosen not to have them

I walk (live) a different way now which is better

Overcoming the Flesh

Walk of death to self desires apart from God

Not making provisions for the flesh

Walk in the Spirit – operating in His Power

Serve Others instead of Self

The World

(1 John 2:15-17)

Victory over the World

Our Faith

The Choice

**Walk According
to the
Kingdoms of this World**

**Walk According
to the
Kingdom of God**

The Flesh

(Galatians 5)

Victory over the Flesh

Walking in the Spirit

The Choice

**Walk According
to the
Fleshly Impulses**

**Walk According
to the
Leading of the Spirit**

A photograph of a person walking away from the viewer on a dark, pebbly beach towards the ocean at sunset. The sun is a bright, glowing orb on the horizon, casting a long, shimmering reflection across the water. The sky is filled with soft, orange-hued clouds. The person's silhouette is visible against the bright horizon, and a trail of footprints leads from the foreground towards them. The overall mood is contemplative and serene.

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Spiritual Warfare