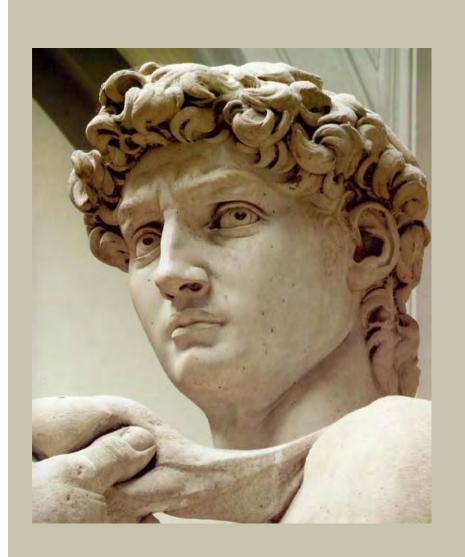


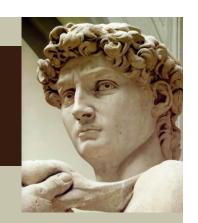
And David was greatly distressed... but David encouraged himself in the LORD his God.

1 Samuel 30:6 (King James Version)



Lessons from the Life of King David

When Disaster Strikes

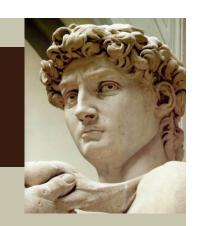


The Setting - 1 Samuel 30:1-5

Emotionally – Strung Out

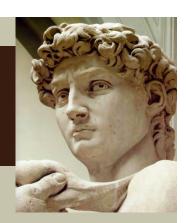
Physically – Worn Out

Shocked at What Seeing



David's Reality - 1 Samuel 30:6

Now David was greatly distressed, for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and his daughters.

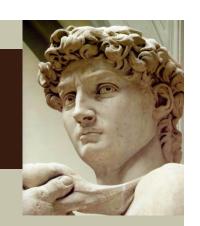


Actions David took when Disaster Stroke

Strengthened himself in the Lord

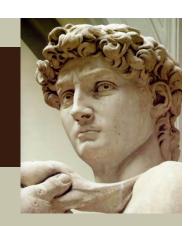
Enquired of the Lord

Did what the Lord spoke



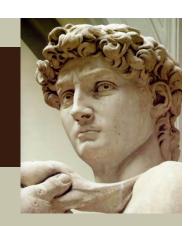
David's Reality - 1 Samuel 30:6

But David strengthened himself in the Lord his God.



What would that look like for us today?

Remembering the Lord's Presence
Remembering the Lord's Nature
Remembering the Lord's Goodness



Remembering the Lord's Presence

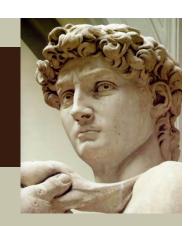
Fear not, for I am with you;

Be not dismayed, for I am your God.

I will strengthen you, Yes, I will help you,

I will uphold you with My righteous right hand.

Isaiah 41:10



Remembering the Lord's Presence

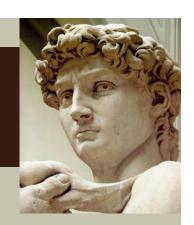
And the LORD, He is the One who goes before you.

He will be with you,

He will not leave you nor forsake you;

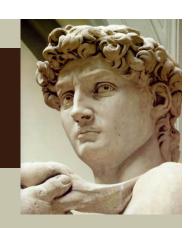
do not fear nor be dismayed.

Deuteronomy 31:8



Remembering the Lord's Presence

Psalm 46

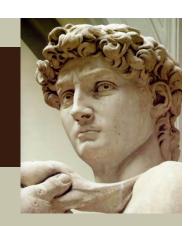


What would that look like for us today?

Remembered the Lord's Presence

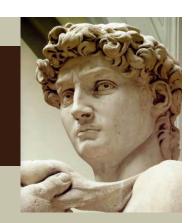
Remembered the Lord's Nature

Remembered the Lord's Goodness



Remembering the Lord's Nature

Psalm 18



Remembering the Lord's Nature

I will love You, O LORD, my strength.

The LORD is my rock and my fortress and my deliverer;

My God, my strength, in whom I will trust;

My shield and the horn of my salvation, my stronghold.

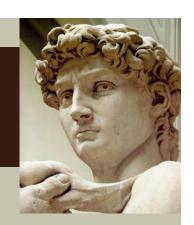
I will call upon the LORD, who is worthy to be praised;

So shall I be saved from my enemies. Psalm 18: 1-3

Remembering the Lord's Nature

My Fortress





Remembering the Lord's Nature

The LORD lives

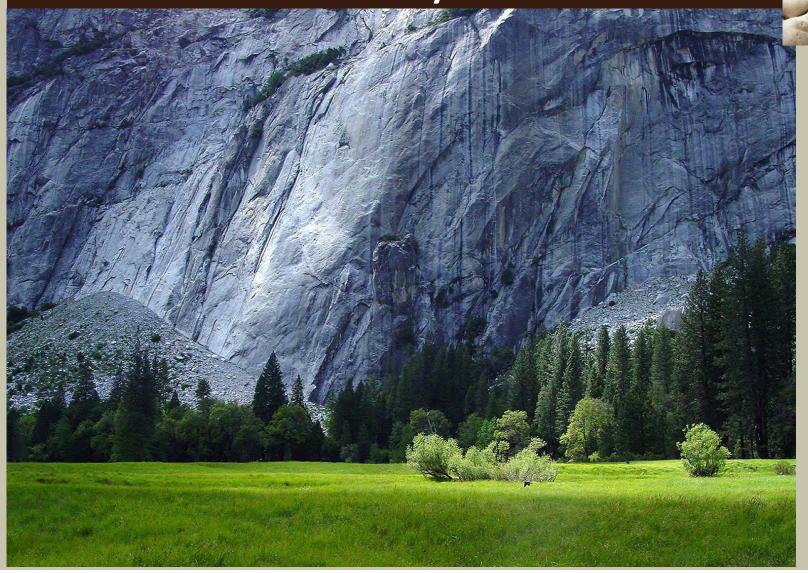
Blessed be my Rock

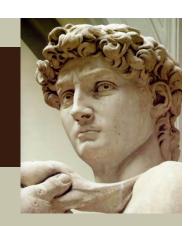
Let the God of my salvation be exalted

Psalm 18:46

Remembering the Lord's Nature







Remembering the Lord's Nature

For the eyes of the LORD run to and fro throughout the whole earth, to show Himself strong on behalf of *those* whose heart *is* loyal to Him.

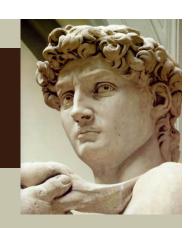
2 Chronicles 16:9

Remembering the Lord's Nature

God searches the earth





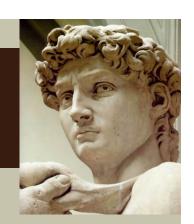


What would that look like for us today?

Remembered the Lord's Presence

Remembered the Lord's Nature

Remembered the Lord's Goodness



Remembering the Lord's Goodness

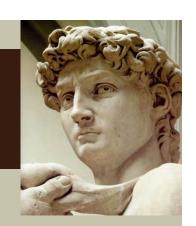
You will give truth to Jacob

And mercy to Abraham,

Which You have sworn to our fathers

From days of old.

Micah 7:20



Remembering the Lord's Goodness

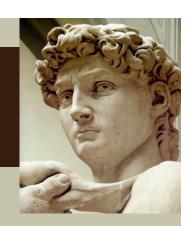
Abraham

Jacob – Israel

Joseph

Moses

Joshua



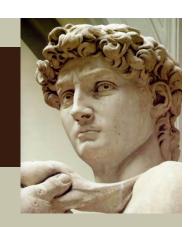
Remembering the Lord's Goodness

Deborah

Gideon

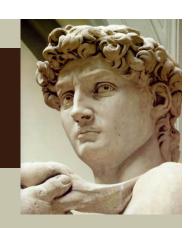
Samson

Ruth & Boaz



What would that look like for us today?

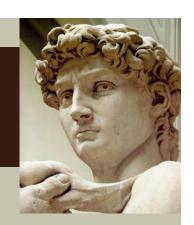
Remembered the Lord's Presence
Remembered the Lord's Nature
Remembered the Lord's Goodness



From the New Testament

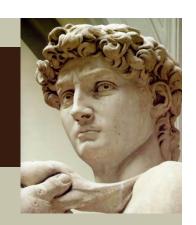
Finally, my brethren, be strong in the Lord and in the power of His might.

Ephesians 6:10



From the New Testament

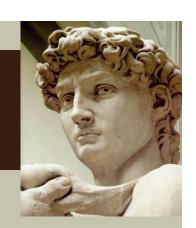
Ephesians 3:14-19



From the New Testament

...that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man...

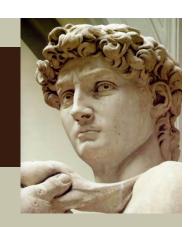
Ephesians 3:16



From the New Testament

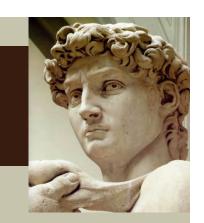
But Saul increased all the more in strength, and confounded the Jews who dwelt in Damascus, proving that this Jesus is the Christ.

Acts 9:32

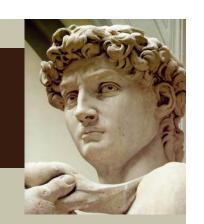


What would that look like for us today?

Remembered the Lord's Presence
Remembered the Lord's Nature
Remembered the Lord's Goodness



Glance at the problems But Gaze at God



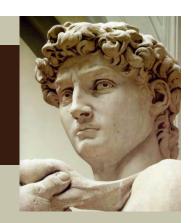
Psalm 27:1
The LORD is my light and my salvation; whom shall I fear?

the LORD is the strength of my life; of whom shall I be afraid?



Psalm 28:7

The LORD is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoices; and with my song will I praise him.



Psalms 73:26

My flesh and my heart fail:

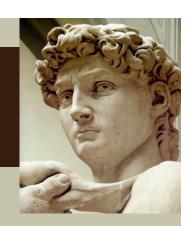
but God is the strength of my heart,

and my portion for ever..

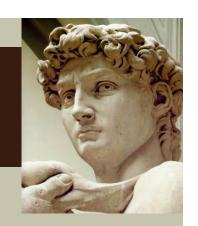


Isaiah 40:29

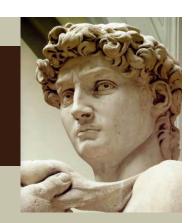
He gives power to the faint; and to them that have no might He increases **strength**.



Joel 3:10 Let the weak say, I am **strong**.

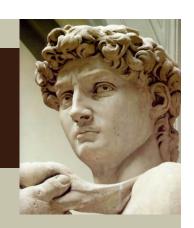


2 Corinthians 12:9,10
My grace is sufficient for you:
for My **strength** is made perfect in weakness..... for when I am weak, then am I **strong**.



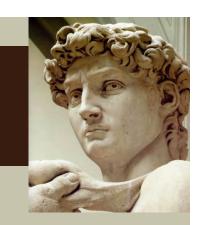
Philippians 4:13
I can do all things
through Christ who **strengthens** me.

2 Timothy 2:1
You, therefore, my son, be **strong** in the grace that is in Christ Jesus.

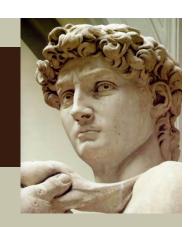


1 John 2:14

I have written to you, young men, because you are **strong**, and the Word of God abides in you, and you have overcome the wicked one.



Ephesians 6:10
Finally, my brethren,
be **strong** in the Lord,
and in the power of His might.



What would that look like for us today?

Remembered the Lord's Presence
Remembered the Lord's Nature
Remembered the Lord's Goodness



And David was greatly distressed... but David encouraged himself in the LORD his God.

1 Samuel 30:6 (King James Version)